

|  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                         | Sunday |
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|  | 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 2                                                                                                                                                                                                                                                                                                               | 3                                                                                                                                                                                                                                                                                                                                                                                                                                | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 5                                                                                                                                                                | 6      |
|  | <p><b>9:30am-11:30am</b><br/><b>Craft at the Croft</b><br/>Bring money for drinks</p>  <p><b>12pm-1pm</b><br/><b>Church Lane Walk</b></p> <p><b>1pm-3pm</b><br/><b>Prestwich Social Prescribing Drop-In</b><br/>At Church Lane Community Centre<br/>Bring money for drinks</p> <p><b>1pm-3pm</b><br/><b>Drop-In</b><br/>Friendship Circle</p>  <p><b>3pm-4:30pm</b><br/><b>Art Workshop</b></p> | <p><b>10:30am-11:30am</b><br/><b>Bingo</b><br/>at The Green<br/>£1 per game<br/>£2 for 3 games or<br/>£5.50 lunch deal</p>  <p><b>1pm-4pm</b><br/><b>Village Greens</b><br/>Please bring funds for lunch and refreshments</p> | <p><b>1pm-2:30pm</b><br/><b>Member-led Quiz</b></p>  <p><b>1pm-2:30pm</b><br/><b>Hollywood Bowl with Escape</b><br/>All levels welcome, just come for fun and good vibes<br/>From £7.20 per game</p>  <p><b>2:30pm-4:30pm</b><br/><b>Board Games</b></p> |  <p><b>10am-12pm</b><br/><b>Board Games</b></p> <p><b>10:30am-12:30pm</b><br/><b>Nature &amp; Wellbeing Session</b><br/>The Wildlife Trust<br/>Pre-book with Lee</p>  <p><b>1pm-3pm</b><br/><b>Garden Volunteering</b><br/>At Peel Park with Salford Rangers</p> <p><b>1pm-3pm</b><br/><b>BIG in Mental Health Drop-In</b></p> <p>Shabbat begins<br/>7.37 pm</p> | <p>Torah reading:<br/>Nitzavim-Vayelech</p>  <p>Shabbat ends<br/>8.43 pm</p> |        |

| Monday                                                                                                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                     | Sunday                                                                                              |
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| <p>7</p> <p>10:30am-12:30pm<br/><b>Heaton Park Social</b><br/>At The Stables Café<br/>Bring money for drinks</p>  <p>10:30am-2:45pm<br/><b>Arty Farty Arts, Crafts and Kurling</b><br/>At The Valley (bus 66)</p> <p>7:30pm-8:30pm<br/><b>Friendship Circle Art Club</b> (£4)</p> | <p>8</p> <p>9:30am-11:30am<br/><b>Craft at the Croft</b><br/>Bring money for drinks</p>  <p>12pm-1pm<br/><b>Church Lane Walk</b></p> <p>1pm-3pm<br/><b>Prestwich Social Prescribing Drop-In</b><br/>At Church Lane Community Centre<br/>Bring money for drinks</p> <p>1pm-3pm<br/><b>Drop-In</b><br/>Friendship Circle</p>  <p>4pm-6pm<br/><b>Above &amp; Beyond Awards!</b></p> | <p>9</p> <p>10:30am-11:30am<br/><b>Bingo</b><br/>at The Green<br/>£1 per game<br/>£2 for 3 games or<br/>£5.50 lunch deal</p>  <p>1pm-4pm<br/><b>Village Greens</b><br/>Please bring funds for lunch and refreshments</p> | <p>10</p> <p>1pm-2:30pm<br/><b>Member-led Quiz</b></p>  <p>1pm-2:30pm<br/><b>Hollywood Bowl with Escape</b><br/>All levels welcome, just come for fun and good vibes<br/>From £7.20 per game</p>  <p>2:30pm-4:30pm<br/><b>Board Games</b></p> | <p>11</p> <p>Erev<br/><b>Rosh Hashanah</b><br/><b>OFFICE CLOSSES 3PM</b></p> <p>10am-12pm<br/><b>Board Games</b></p> <p>10:30am-12:30pm<br/><b>Nature &amp; Wellbeing Session</b><br/>The Wildlife Trust<br/>Pre-book with Lee</p>  <p>1pm-3pm<br/><b>Garden Volunteering</b><br/>At Peel Park with Salford Rangers</p> <p>1pm-3pm<br/><b>BIG in Mental Health Drop-In</b></p> <p>Yom Tov and Shabbat begin 7.20pm</p> | <p>12</p> <p><b>Rosh Hashanah 1</b></p>  <p>Shabbat ends and Yom Tov begins 8.25pm</p> <p>Light candles from an existing light at or after this time.</p> | <p>13</p> <p><b>Rosh Hashanah 2</b></p> <p><b>WORK NOT PERMITTED</b></p> <p>Yom Tov ends 8.23pm</p> |

| Monday                                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                   | Sunday                                                                                                                                                                                                                                           |
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| <p>14</p> <p><b>Fast of Gedaliah</b></p> <p>10:30am-2:45pm<br/><b>Arty Farty Arts, Crafts &amp; Kurling</b><br/>At The Valley (bus 66)</p> <p>7:30pm-8:30pm<br/><b>Friendship Circle Art Club</b> (£4)</p> | <p>15</p> <p>9:30am-11:30am<br/><b>Craft at the Croft</b><br/>Bring money for drinks</p>  <p>12pm-1pm<br/><b>Church Lane Walk</b></p> <p>1pm-3pm<br/><b>Prestwich Social Prescribing Drop-In</b><br/>At Church Lane Community Centre<br/>Bring money for drinks</p> <p>1pm-3pm<br/><b>Drop-In</b><br/>Friendship Circle</p>  <p>3pm-4:30pm<br/><b>Art Workshop</b></p> | <p>16</p>  <p>10:30-11:30am<br/><b>Bingo</b><br/>at The Green<br/>£1 per game<br/>£2 for 3 games or<br/>£5.50 lunch deal</p>  <p>1pm-3pm<br/><b>St Gabriel's Medical Centre Gardening Group</b><br/>With Susan from The Wildlife Trust<br/>Refreshments provided</p> | <p>17</p> <p>1pm-2:30pm<br/><b>Member-led Quiz</b></p>  <p>1pm-2:30pm<br/><b>Hollywood Bowl with Escape</b><br/>All levels welcome, just come for fun and good vibes<br/>From £7.20 per game</p>  <p>2:30pm-4:30pm<br/><b>Board Games</b></p> | <p>18</p>  <p>10am-12pm<br/><b>Board Games</b></p>  <p>10:30am-12:30pm<br/><b>Nature &amp; Wellbeing Session</b><br/>The Wildlife Trust<br/>Pre-book with Lee</p> <p><b>Prestwich Arts Festival</b></p> <ul style="list-style-type: none"> <li>• Art</li> <li>• Music</li> <li>• Performances<br/>Programme TBC</li> </ul> <p><b>Shabbat begins</b><br/>7.03 pm</p> | <p>19</p> <p><b>Torah reading: Ha'azinu</b></p>  <p><b>Shabbat ends</b><br/>8.07 pm</p> | <p>20</p> <p><b>Erev Yom Kippur</b></p> <p><b>Prestwich Arts Festival</b></p> <ul style="list-style-type: none"> <li>• Art</li> <li>• Music</li> <li>• Performances<br/>Programme TBC</li> </ul> <p><b>Fast and Yom Tov</b><br/>begin 6.58pm</p> |

| Monday                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Wednesday                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Saturday                                                                                                                                                                                                                | Sunday                                                                                                         |
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| 21                                                                                                                                                                                                           | 22                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 23                                                                                                                                                                                                                                                                                                       | 24                                                                                                                                                                                                                                                                                                                                                                                                                                 | 25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 26                                                                                                                                                                                                                      | 27                                                                                                             |
| <b>Yom Kippur</b><br><br><b>OFFICE CLOSED</b><br><br><b>NO SESSIONS!</b><br><br><br><br><b>Fast and Yom Tov ends 8.02pm</b> | <b>9:30am-11:30am</b><br><b>Craft at the Croft</b><br>Bring money for drinks<br><br><br><br><b>12pm-1pm</b><br><b>Church Lane Walk</b><br><br><b>1pm-3pm</b><br><b>Prestwich Social Prescribing Drop-In</b><br>At Church Lane Community Centre<br>Bring money for drinks<br><br><b>1pm-3pm</b><br><b>Drop-In</b><br>Friendship Circle<br><br><br><br><b>3pm-4:30pm</b><br><b>Art Workshop</b> | <b>10:30am-11:30am</b><br><b>Bingo</b><br>at The Green<br>£1 per game<br>£2 for 3 games or<br>£5.50 lunch deal<br><br><br><br><b>1pm-4pm</b><br><b>Village Greens</b><br>Please bring funds for lunch and refreshments | <b>1pm-2:30pm</b><br><b>Member-led Quiz</b><br><br><br><br><b>1pm-2:30pm</b><br><b>Hollywood Bowl with Escape</b><br>All levels welcome, just come for fun and good vibes<br>From £7.20 per game<br><br><br><br><b>2:30pm-4:30pm</b><br><b>Board Games</b> | <b>Erev Succot</b><br><br><b>10am-12pm</b><br><b>Board Games</b><br><br><br><br><b>10:30am-12:30pm</b><br><b>Nature &amp; Wellbeing Session</b><br>The Wildlife Trust<br>Pre-book with Lee<br><br><b>1pm-3pm</b><br><b>Garden Volunteering</b><br>At Peel Park with Salford Rangers<br><br><b>1pm-3pm</b><br><b>BIG in Mental Health Drop-In</b><br><br><b>Yom tov and Shabbat begin 6.45 pm</b> | <b>Succot 1</b><br><br><br><br><b>Shabbat ends 7.50 pm</b><br><br><b>Light candles from an existing light at or after this time.</b> | <b>Succot 2</b><br><br><b>WORK NOT PERMITTED</b><br><br><b>NO SESSIONS!</b><br><br><b>Holiday ends 7.47 pm</b> |

| Monday                                                                                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                        |
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| <p><b>Succot 3</b> 28</p>  <p><b>Trafford Centre Trip</b></p> <p>9:30am<br/>meet at Prestwich Metrolink</p> <p>Lunch in Trafford Centre</p> <p><i>Optional</i><br/><b>Total Ninja (£20)</b></p> <p><i>Optional</i><br/><b>Dino Falls Adventure Golf (£10+)</b></p> | <p><b>Succot 4</b> 29</p> <p><b>9:30am-11:30am</b><br/><b>Craft at the Croft</b><br/>Bring money for drinks</p>  <p><b>12pm-1pm</b><br/><b>Church Lane Walk</b></p> <p><b>1pm-3pm</b><br/><b>Prestwich Social Prescribing</b><br/><b>Drop-In</b><br/>At Church Lane Community Centre<br/>Bring money for drinks</p> <p><b>1pm-3pm</b><br/><b>Drop-In</b><br/>Friendship Circle</p>  <p><b>3pm-4:30pm</b><br/><b>Art Workshop</b></p> | <p><b>Succot 5</b> 30</p> <p><b>10:30am-11:30am Bingo</b><br/>at The Green<br/>£1 per game<br/>£2 for 3 games or £5.50 lunch deal</p>  <p><b>1pm-4pm</b><br/><b>Village Greens</b><br/>Please bring funds<br/>for lunch and refreshments</p> |

## Locations

**The Bayit (Friendship Circle)**  
72 Singleton Rd, Salford, M7 4LU

**BIG in Mental Health Drop-In**  
Bury United Reformed Church  
Parsons Lane, Bury, BL9 0LY

**Creative Living Centre (CLC)**  
1a Rectory Ln, Prestwich  
Manchester, M25 1BP

**Friendship Inn**  
Scholes Ln, Prestwich  
Manchester, M25 0PD

**The Green Community Café**  
Clarence Park Bowling Pavilion  
Walmersley Road, Bury, BL9 5DH

**Hollywood Bowl with Escape**  
11 The Rock, Bury, BL9 0JX  
[personasupport.org/news-and-events/  
events/hollywood-bowl-with-escape](https://personasupport.org/news-and-events/events/hollywood-bowl-with-escape)

**The Lock Keeper**  
4 Mill Bank, Pilkington Way, Radcliffe  
Manchester, M26 1AJ

**Litter Picking and Peel Park Volunteering  
(with Salford Rangers)**  
Peel Park Base, Salford, M5 4PD

**Nature and Wellbeing Session  
with the Wildlife Trust**  
Phillips Park, Whitefield, M45 7QJ

**Prestwich Social Prescribing**  
› **Craft at the Croft**  
The Croft – St Hilda's Church  
Whittaker Lane, Prestwich, M25 1EX  
› **Heaton Park Social**  
The Stables Café, Heaton Park  
Prestwich, M25 2SW  
› **Social Drop-In**  
Church Lane Community Centre  
Church Lane, Prestwich, M25 1AJ  
› **Social Walks**  
Meet at Whittaker Lane Medical Centre  
2 Beaufort St., Prestwich, M25 1EX

**Purple Room at Heathlands Village**  
The ground floor of Eventhall House  
**Heathlands Village, Heathlands Drive  
Prestwich, M25 9SB**

**Salford Museum and Art Gallery**  
Peel Park, The Crescent  
Salford, M5 4WU  
[salfordmuseum.com/whats-on/relax-art](https://salfordmuseum.com/whats-on/relax-art)

**Village Greens**  
Unit 3, The Radius Fairfax Road  
Prestwich, M25 1AY

**The Valley Community Centre  
(The Valley)**  
Lightborne Green, 7-9 Dorning Road  
Swinton, M27 5UX

**Welly's Community Cafe (Bury EST)**  
Manchester Road Park  
157 Manchester Rd, Bury, BL9 0TD